

Enter Local Primary Care Social Work details here



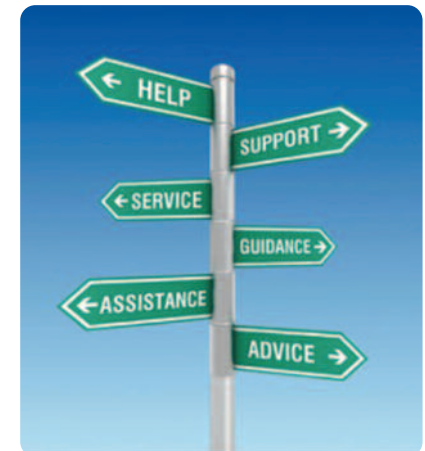
Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

## Primary Care Social Work Service

### Leaflet for Service Users



A large, empty rectangular box with a thin red border, intended for entering local primary care social work details.



## Where does a Primary Care Social Worker Work?

A Primary Care Social Worker works in your local community as part of the Primary Care Team. The aim of the Primary Care Team is to promote health and wellbeing in your community by delivering a broad range of services to all age groups.

A typical team consists of Nurses, Physiotherapists, Occupational Therapists, Speech and Language Therapists, Social Workers and GP's.

## How can a Primary Care Social Worker help you?

A Primary Care Social Worker will support you by offering emotional, practical and social support.

We aim to assist you in finding the best possible outcomes to concerns that may impact on your health and quality of life.

## How can we advise & support you?

Your Social Worker can:

- Advocate on your behalf to ensure your rights are upheld.
- Empower you to deal with your situation & to bring about change.
- Offer carer support/organising community services.
- Advise on relationship difficulties including: breakdown, separation, domestic violence & family disputes.
- Assist with life changing issues including bereavement and trauma.
- Signpost you to services dealing with issues such as addiction and unplanned pregnancy.
- Help with residential care planning & Fair Deal applications.
- Refer you to a specialist counselling services where necessary.
- Refer you to appropriate housing and homeless agencies.
- Assist you to deal with stress & anxiety.

*(This is not an exhaustive list)*

## How to refer to a Primary Care Social Worker?

- You can contact the Primary Care Social Worker yourself by phoning the number on this leaflet.
- A family member or friend can contact the Primary Care Social Worker on your behalf with your permission.
- Alternatively you can ask your GP, Community Nurse, Physiotherapist, Occupational Therapist, or other professional to refer you to a Social Worker with your permission.

After the referral is received, the Social Worker will either invite you to come to a meeting in the office or make an appointment to call to your home. You may be invited to participate in a support group if you wish.

**To avail of this service please contact the Primary Care Social Worker in the area you live in.**

See contact details on the cover of this leaflet.